



Alton Memorial Health Services Foundation
2010 annual report

A divorced mother is working to achieve her dream of becoming a nurse.
Active four-year old twins are learning coordination and strengthening
activities. Healing hands help elderly patients cope with pain and restlessness.
School children learn good health habits while gaining self-esteem.

Your dollars are making a difference. This Annual Report highlights
the joy of giving – seen through the eyes of both the donor and recipient.
Our mission to improve health is a joint venture – and we are grateful for
your support.



the difference your dollars make

For the wonderful care we can deliver because of you,
many thanks!



Paul R. Lauschke Jr.
Chairman
Alton Memorial Health
Services Foundation



David A. Braasch, RPh., FACHE
President
Alton Memorial Hospital



Lurnia Burnett
Lurnia Burnett

helping to fulfill a dream

"I could never express my gratitude to the Foundation for the opportunity to make my dream a reality," said Lurnia Burnett, a recipient of the Templin Scholarship Fund.

Lurnia Burnett's dream to become a nurse began in the third grade. In response to a school assignment to write about the person in history that she most admired, Lurnia chose Florence Nightingale. She admired Florence Nightingale's ability to step out of her comfort zone and her determination to stay true to her convictions.

Forty years later Lurnia stepped out of her comfort zone by pursuing her calling to become a registered nurse. Lacking confidence, she prayed for God's help before taking her entrance exam and scored 28 of 30 questions correctly. When she learned that she had been accepted into the nursing program at Lewis & Clark Community College, she asked God to help her find the financial resources to attend school. While looking for a job at Alton Memorial, Lurnia learned about the Templin Scholarship Fund. She applied, and months later was delighted to learn that she was a scholarship recipient.

Motivated by her desire to help others, Lurnia is overcoming personal obstacles to achieve her dream. After graduation, she hopes to work in the emergency room for a few years before choosing a specialty.

Thanks to the generosity and foresight of Roger Templin, other dedicated individuals like Lurnia will have the chance to accomplish their life's goals.



paying tribute to wonderful care

“As physicians, we don’t see the in-depth involvement of the clinical team at Alton Memorial Hospital; we observe the medical aspect, but the spiritual/emotional component is not necessarily obvious when we make rounds. But it is there every day, every shift, and with every person on the team,” said Dr. Kathie Wuellner.

Physicians John and Kathie Wuellner have taken care of area patients for many years. Recently they found themselves on the other side of the caregiver/recipient relationship. Dr. Kathie’s father, Harold Rosentreter, was a patient at Alton Memorial Hospital approximately seven times in the two years prior to his death in December 2009. He had been a patient on almost every floor and always looked forward to getting a room with a view of the new construction. He knew no strangers and considered everyone a part of his extended family.

“What caregivers did for my father made each of his days in the hospital more tolerable,” Dr. Kathie said. “During his last days, the many unspoken but obvious works of compassion from the nursing and support staff were much appreciated by my entire family.

“As long as I can remember, Dad took great pride in flying the American flag,” said Dr. Kathie. “As the completion of the new wing neared, the idea of customizing the flag pole came to mind as a way of remembering Dad and paying tribute to the wonderful care he received. The landscaping was completed in August; plans also include a spotlight to highlight the flag at night. I think my father would be very pleased.

“Every day, when I drive by the flagpole, I am reminded of Dad and his zeal for our country - but also, of the utmost care that he received from a great institution.”



Kathie R. Wuellner MD
Kathie R. Wuellner, MD

John C. Wuellner
John C. Wuellner, MD



Is
Isaiah Petrolay

D
Derrick Petrolay

changing young lives

“The boys benefited from receiving the scooter boards – it has helped improve their balance and muscle tone in their legs,” said Deanna Petrolay, mother of four-year old twins. “The speech therapy they received over the summer helped them quite a bit, too. I see the changes in them. They are talking more and more every day.”

Derrick and Isaiah Petrolay are active boys with some developmental delays who receive therapy at Alton Memorial Hospital.

The boys have been working on coordination and strengthening exercises. An activity they especially enjoy is scooter boards. They responded so well that their therapist suggested the boys use scooter boards at home. The parents were interested but felt the cost would place a financial hardship on the family. Due to a generous gift made many years ago by local schoolteacher Mary Alice McCarthy, scooter boards were purchased and the boys can now work on their exercises at home.

Countless children have benefited from the Mary Alice McCarthy Fund. The assistance is most critical during the summer months, when children who receive therapy at school can regress during three months without therapy. Thanks to the Mary Alice McCarthy Fund, children can continue to make progress during the summer without losing previously learned skills.



care close by

“The sound was unmistakable,” said Sue Goers. “And I saw the bone protruding. Lucky for me, an Alton Memorial Hospital ambulance was also participating in the health fair. I don’t think I could have hoped for a quicker response.”

Sue Goers was volunteering at a church health fair when she tripped and fell into a small hole in the street. Based on the sound she heard, Sue knew right away that she had broken her leg. EMTs began treating her immediately. Sue admitted the ambulance ride on the way to the hospital was bumpy. Fortunately, she was in one of the new “Duck Plucker” ambulances and an EMT was at her side at all times. “I mentioned that I was nauseous and the EMT said ‘I can fix that’ and he did. I was extremely pleased with the care I received, both in the ambulance and in the Emergency Department.”

Sue and her husband A.J. have attended the Duck Pluckers, Deer Skinners & Fish Hookers Ball since the event began in 2009. The purpose of the Ball is to raise funds to replace the hospital’s ambulance fleet with state-of-the-art vehicles equipped with Bluetooth technology. Each year the Goers made a generous donation to the cause. Little did Sue know that she would soon be taking a ride in the ambulance that she and her husband helped purchase.



Sue Goers
Sue Goers



Chris Kelley
Chris Kelley

the healing power of nature

“The nurturing and healing power of nature has never failed to propel me through the difficult times in my life,” said Chris Kelley, owner of the Cottage Garden in Piasa, IL. “It has always been a saving grace, and I welcome the opportunity to share this with others in the Healing Garden.”

Chris Kelley donated her gardening expertise to the Healing Garden in memory of her mother, Denny Marmino. Chris’s mother passed away at Alton Memorial Hospital and she wanted to honor her mother by lending her talents to the design and care of the garden.

The definition of a healing garden is quite simply, “A garden in a healing setting designed to make people feel better.” At Alton Memorial Hospital, the Healing Garden is a place for hope in the heart of the hospital. In addition to patient benefits, the garden provides visitors and staff members a space to relax and rejuvenate.

Colorful mosaic benches are the work of local artist Paddy Wrob. Carpenters from the hospital’s Plant Operations department built the wooden structures. Hospital employees, volunteers and physicians contributed funds to create the garden. Donors are recognized on engraved bricks, benches, pergolas and an arbor.

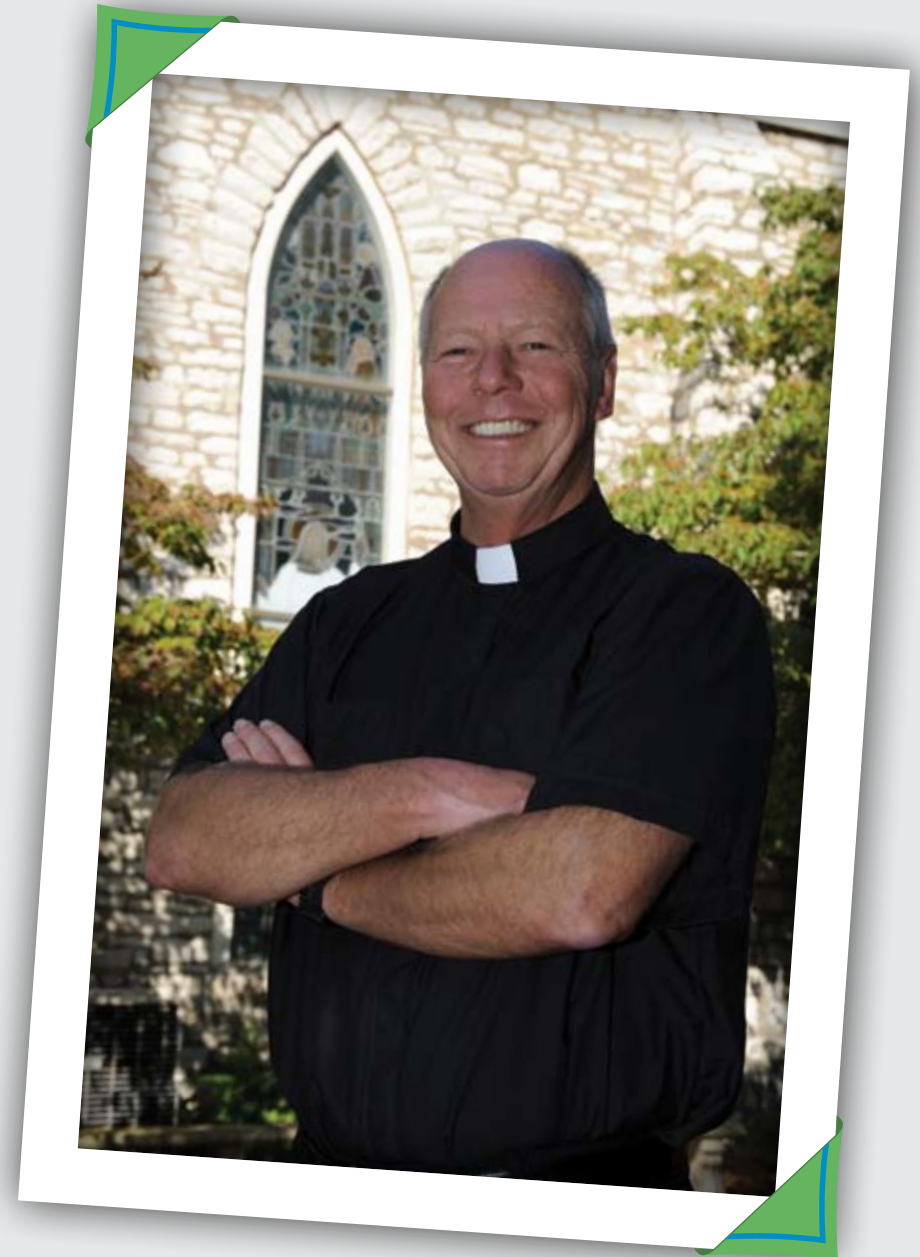


maintaining healthy lifestyles

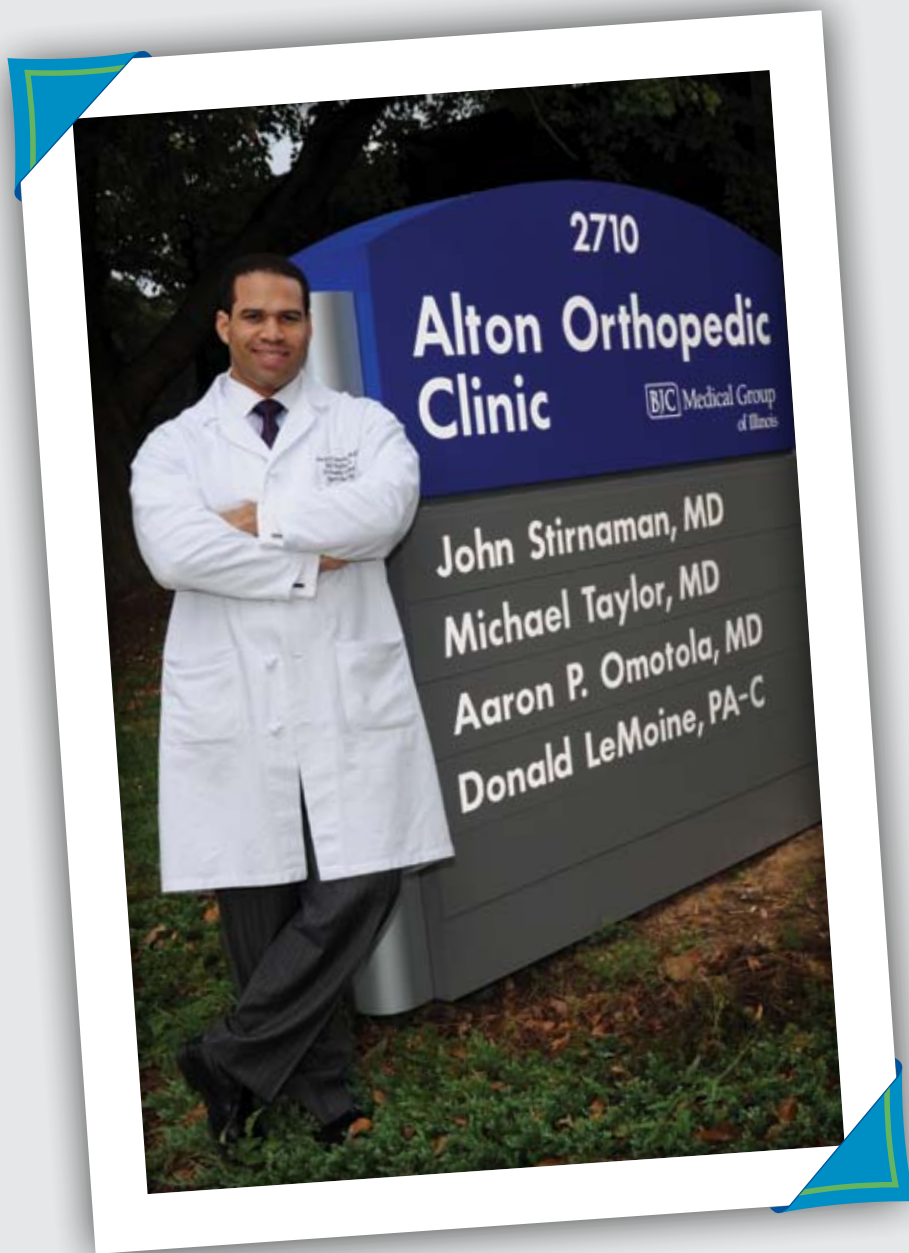
"We all benefit from the Parish Nurse Program's focus on health of body, mind and spirit," said Father David Boase of St. Paul's Episcopal Church in Alton. "Because prevention is better than cure, regular visits with the parish nurse help us maintain a healthy lifestyle."

The goal of a parish nurse is to prevent illness and to minimize the effects that a disease may have on the quality of life. Alton Memorial Hospital parish nurses serve as a health resource in 12 area churches, Glenhaven Gardens and the United Methodist Village. In 2009, parish nurses made more than 14,000 client visits. The relationships they build with those they serve help them to notice gradual changes in a parishioner's health. Parish nurses help decide when it's time to contact the doctor. They can provide comfort during times of uncertainty and assist with navigating the health care system.

When asked how parishioners at St. Paul's Episcopal Church in Alton benefit from the parish nurse program, Father Boase responded with enthusiasm, "Our parish nurse Judy Roth listens and advises, and she makes home visits. We feel so lucky to have her. AMH, thank you so much for the wonderful parish nurse program!" To this we add our own thank you, to the many donors who have made this program possible.



Father David J. Boase



Aaron P. Omotola
Aaron P. Omotola, MD

recruiting the best care close to home

“We all want to find happiness in life,” said Dr. Aaron Omotola. “When my wife and I visited the Alton area, we both thought this was a place where we could be happy. I liked the people I met, especially the physicians and staff at Alton Orthopedic Clinic. My wife is from Peoria and I am from Chicago, so we felt very comfortable in the Midwest.”

It wasn't too long ago that Madison County was in dire need of physicians. The high cost of medical malpractice insurance had skyrocketed, causing physicians to leave the area at an alarming rate and move to communities where insurance premiums were significantly lower.

Fortunately the situation has stabilized. Still, with the approach of health care reform, there is an increasing need for primary care physicians. And recruiting more specialists to the area will reduce the need to travel outside the community for quality care.

In the past year, eight new physicians have begun practicing at Alton Memorial Hospital:

- Dr. Pallavi Aneja – Hospitalist
- Dr. Rafael De la Cruz – Infectious Disease
- Dr. Julio Leey – Endocrinology
- Dr. Mena Luangjamekorn – Family Practice
- Dr. Fardina Malik – Hospitalist
- Dr. Aaron Omotola – Orthopedic Surgery
- Dr. Christian Sikorski – Neurosurgeon
- Dr. Alisha White – Internal Medicine

Financial support from Alton Memorial Health Services Foundation allows Alton Memorial Hospital to be competitive in recruiting exceptional, highly trained physicians to our community.



brightening someone's day

"I like to make the customers laugh," said Ribbian Spates. "It's fun being able to brighten someone's day. I also like receiving compliments on the coffees I make. People tell me I have a good attitude – I guess it's because I enjoy my job."

The smell of freshly brewed coffee has welcomed visitors to the Duncan Wing since the opening of the Starbucks Coffee Bar in June. Centrally located near the Duncan Wing elevators on the ground floor, the kiosk is a frequent stop for both visitors and staff.

The coffee bar renovations were made possible by support from the Alton Memorial Health Services Foundation. Like the artwork, water wall and Healing Garden, the coffee bar is another amenity that makes visiting the hospital a more enjoyable experience. People seem to appreciate the convenience and accessibility of a delicious cup of coffee. In addition to premium coffee brands, biscotti, cookies and Danish are also available. The coffee bar is open from 6 a.m. to 2 p.m. Monday through Friday.

Ribbian Spates is the coffee bar barista. She enjoys providing customers with Starbucks' own special brew of coffee. Seasonal coffees are also a popular item. Ribbian has built a steady clientele and looks forward to visiting with customers.



Ribbian Spates
Ribbian Spates



Wanda M. Wreath

Wanda M. Wreath

helping patients feel better

"I always knew that I had energy in my hands. Now I have learned how to use that energy to help my patients," said Wanda Wreath. "I'm grateful for the opportunity to study Healing Touch. It's very satisfying to know that I can help my patients feel better."

The Dorothy Roper Enrichment Fund was established in 2006 to provide continuing education and life experience enrichment to Certified Nursing Assistants (CNAs) and Licensed Practical Nurses (LPNs) employed at Eunice Smith Nursing Home.

Dorothy Roper was a long-time patient at Eunice Smith Home. Both she and her daughter, Pat Wendel, felt enormous respect and admiration for the dedicated, hard-working CNAs and LPNs. They wanted to do something to show their appreciation and assist Eunice Smith Home in offering the highest degree of compassionate care to its patients.

Wanda Wreath is a recipient of the Dorothy Roper Enrichment Fund. Wanda has worked as a CNA since she was a young girl, with the lifelong dream of becoming a nurse. She began studying Healing Touch four years ago. Healing Touch is an energy therapy in which practitioners use their hands to support and facilitate physical, emotional, mental and spiritual health and healing. Wanda has achieved the status of Level 4 Healing Touch Practitioner Apprentice. She uses her skill to help promote healing and has found her ability helps calm agitated patients and improve restfulness.



encouraging good health choices

"I love working with women," Valerie McDougler said. "Programs geared toward women are empowering. Sometimes we need encouragement to make good health choices and take time for ourselves. I want to help women get from where they are to where God wants them to be."

Valerie McDougler, Women's Ministry and program coordinator at the Bread of Life Fellowship Church in Alton, knows the importance of breast health. Valerie helped coordinate the *Woman to Woman: Standing Up for Breast Health* program at her church. The activity was made possible by a grant awarded to Alton Memorial Hospital through the Ticket for the Cure Fund. This fund is administered through the Illinois Department of Health, Office of Women's Health.

Each year approximately 200,000 woman are diagnosed with breast cancer. The goal of the *Woman to Woman: Standing Up for Breast Health* program is to remove barriers that sometimes prevent women from confronting their health risks. The program provides women with a clinical breast exam by a nurse practitioner and a one-on-one personal consultation with a registered nurse. The RN reviews the results of the breast exam with the participant and provides breast health information, stressing the importance of self-examinations. By offering this program in an accessible, non-threatening environment with participation incentives, the program is building a system of communication based on trust.



Valerie McDougler
Valerie McDougler



Jill Griffin
Jill Griffin

teaching health lessons and life lessons

“We are grateful to have the BJC Community Schools program at Meadowbrook School,” said principal Jill Griffin. “The instructors are great educators and the program lines up perfectly with our curriculum. It is my hope that some of our students have been inspired to pursue careers in the health care field.”

Under the guidance of instructors from the Community Schools Program, students at Meadowbrook Intermediate School in Moro participated in a unique program called “Students on Safari.” The program involves fifth grade students implementing a health fair for second grade students.

Jobs included Photographers, Passport Stampers, Safari Guides and Cantina Crew. Among the many stations were:

- **Banana Monkey Island:** fifth graders taught the second graders a dance to a song all about bananas.
- **Toucan Table:** second graders learned how to build a healthy meal on oversized pretend plates.
- **Recipe Center:** Students made and sampled a “Safari Smoothie,” full of fruits, yogurt and milk!
- **Tarzan Tango:** A game involving students deciding between foods that are good for them or not so good for them.
- **Bouncing Baboons:** Kids taste-tested jicama, a root vegetable popular in Mexico. They also learned about other fruits and vegetables that were new to them.

“In addition to teaching second graders good health habits, fifth graders learned responsibility and took great pride in their efforts,” said Jill Griffin. “Many dressed up for the theme. With approximately 100 students from each grade working together, the event went quite smoothly.”

a gift for the future

“We are very grateful to Alton Memorial Health Services Foundation for providing funds for this beautiful renovation,” said Kathleen Turner, (right) who serves as co-chair of the White Cross Auxiliary along with Libby Knoche. “Patients, visitors, members of the community and hospital staff are raving about the new space. We have experienced several days of record-breaking sales. And all proceeds from the gift shop support the needs of the hospital.”

Miss Eunice’s Hat Box celebrated its grand reopening on Monday, Oct. 4, with a dazzling holiday display of trees and lights showcased in a glass atrium.

Over the summer, the gift shop temporarily moved to the Duncan Wing during construction and renovation of the new space. It is now back to its permanent location in the Beeby Wing. The shop has more than doubled its size and is wheelchair accessible. The atrium, located just inside from the Healing Garden, is where the hospital’s main entrance was before construction of the Duncan Wing began almost three years ago.

“The new space has allowed us to spread our wings with better visibility for merchandising,” says Susie Bechtold, gift shop manager. “For the holidays, we will turn the shop into a winter wonderland.”

Volunteers staff the gift shop and all profits benefit the hospital. Hours are 10 a.m. to 7 p.m. Monday through Friday; 11 a.m. to 3 p.m. Saturday; and occasional Sundays.



Libby Knoche
Libby Knoche

Kathleen Turner
Kathleen Turner

many thanks!

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Mr. C. J. Jacoby
Mr. and Mrs. Pat McLaughlin

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In memory of Brad Greenwood

White Cross Auxiliary
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Mrs. Audrey Keeney
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In memory of Anna K. Beach
Mr. and Mrs. William Schrimpf
In memory of Barbara Schrimpf
Mrs. John C. and Kathie Wuellner





The most notable difference your dollars made in 2010 was the opening of the beautiful, state-of-the-art Duncan Wing. Since March 10, when approximately 1,000 people attended the ribbon-cutting ceremony, the wing has been filled to near capacity.

As new projects get under way, we remember with fondness and great appreciation the support of more than 700 donors and volunteers whose commitments enabled this impressive impact on health care in our community.

For helping us build the best care close to home,

many thanks!

Sandy Lauschke

Sandy Lauschke
Campaign Co-Chair

George S. Milnor

George Milnor
Campaign Co-Chair

Capital Campaign

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Alton Memorial Health Services Foundation
Financial Highlights

Sources of Income in Fiscal 2010

BJC Corporate Gift for Community Benefit	\$500,000
Community Support through the Annual Appeal	\$19,009
Capital Campaign	\$694,439
Duck Pluckers Ball	\$58,219
Ticket for the Cure Grant	\$30,000

TOTAL \$1,301,667

the difference your dollars make

Funds Distributed in Fiscal 2010

Parish Nursing	\$250,000
Physician Recruitment	\$19,769
Professional Training and Development	\$150,000
Community Health Education	\$107,000
Community Schools Outreach	\$25,000
Diabetes Education	\$60,000
Templin Education Fund	\$45,184
LCCC Nursing School	\$80,400
Mary Alice McCarthy Fund	\$27,396
Duncan Wing Enhancements	\$365,582
Ambulances #76 and #22	\$115,831

TOTAL \$1,246,162



**Alton Memorial
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Foundation**



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HOSPITAL

BJC HealthCare

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